

Mental health awareness webinar for parents/guardians for Jigsaw's One Good School

Jigsaw invites you to this parent/guardian webinar aimed at raising awareness about youth mental health. This webinar is hosted by Jigsaw staff and in collaboration with your One Good School.



Who is it for?

Parents and guardians of participating One Good Schools.

What will it cover?

You will explore the definition of mental health and how this might apply to your child, as well as tips and strategies to promote and support your child's mental health. You will also hear about the supports available from Jigsaw.

Webinar details

This webinar is taking place in your local Jigsaw region across March, April and May. For more details and to register for the date that suits you, please click on this link:

<https://onegoodschool.learnupon.com/catalog/courses>